

What is the Spiritual Crisis Network?

The Spiritual Crisis Network was set up in May 2004. It is a network of interested people with a core of about ten who are working to develop this new resource.

Membership of the wider Network is open to any individual with a personal or professional interest in spiritual crisis. Newsletters are sent by email and it is possible to join the local groups that are gradually being formed around the country.

The Development Group at the core of the Network is made up of individuals. Some are experts by experience, having been through personal spiritual crises. Some are mental health professionals, including community psychiatric nurses, psychotherapists and clinical psychologists. Some have both personal and professional expertise.

The main focus of our development work currently is:

- responding to email enquiries
- fundraising
- supporting local networking

What does the Spiritual Crisis Network aim to do?

The Spiritual Crisis Network aims to help develop understanding and support for those going through profound personal transformation.

We recognise that:

- ◇ spiritual crisis and mental health difficulties often overlap
- ◇ people need support in their local area when in crisis
- ◇ the relationship between spirituality and mental health is a complex one

Our mission is to act as a resource:

- for those going through or recovering from spiritual crisis
- for the professionals, carers and supporters of those going through or recovering from spiritual crisis

We do this by:

- ⇒ gathering and sharing information about local resources
- ⇒ providing general information on spiritual crisis
- ⇒ building a national network for the local support of spiritual crisis
- ⇒ raising awareness and understanding of the issues

‘Friends’ of the Spiritual Crisis Network

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